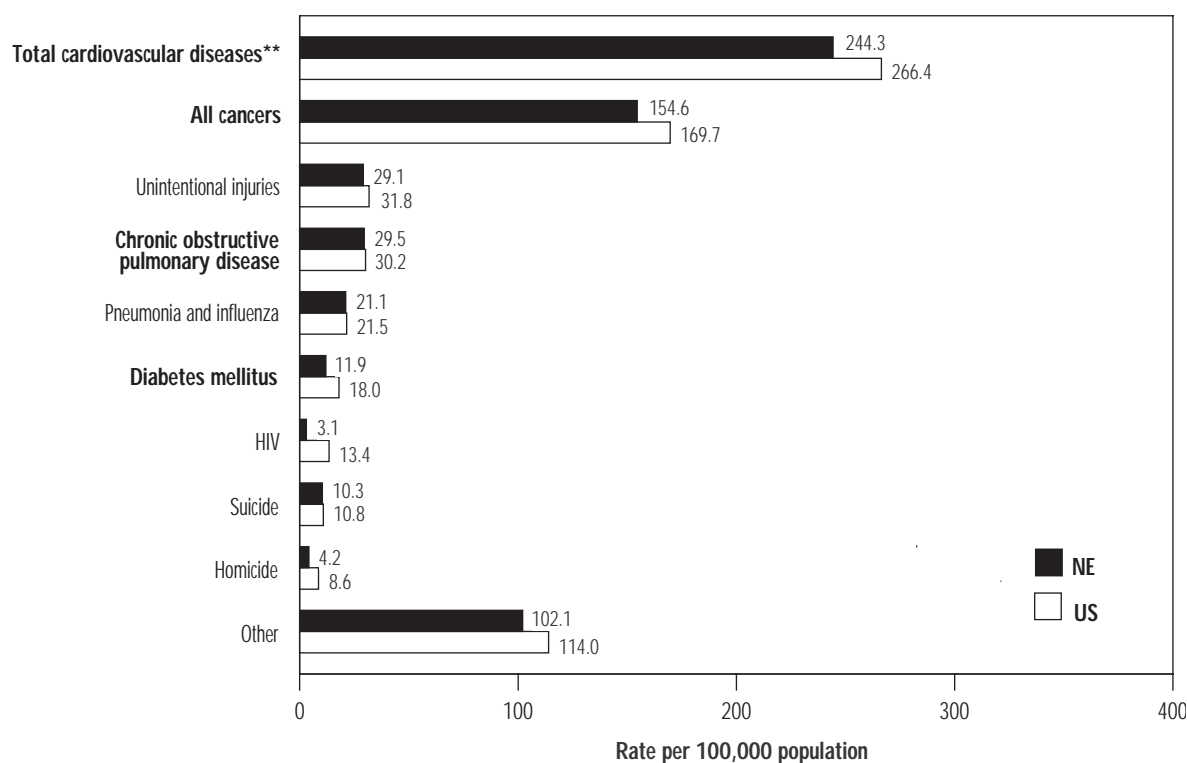


Nebraska: Most Common Causes of Death

- Total cardiovascular diseases (principally ischemic heart disease and stroke) are the most common cause of death in Nebraska, all cancers are the second most common cause, chronic obstructive pulmonary disease is third, and diabetes is sixth.
- In 1995, 73% of all deaths in Nebraska were due to the four most common chronic disease causes of death.
- The death rates for total cardiovascular diseases, all cancers, chronic obstructive pulmonary disease, and diabetes were lower in Nebraska than in the United States.

Causes of Death, Nebraska Compared With United States, 1995*



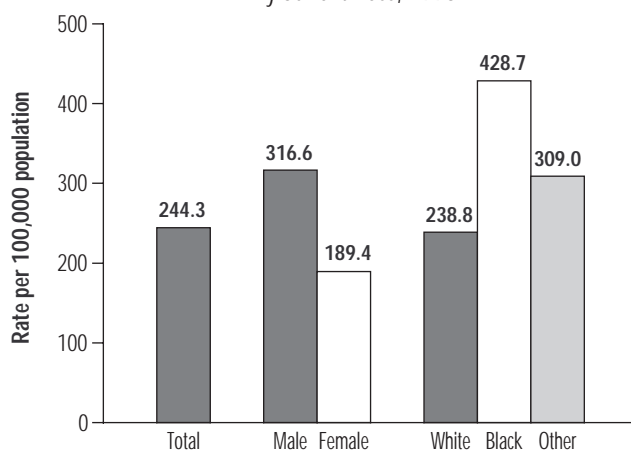
*All data are age adjusted, 1970 total U.S. population.

**Total cardiovascular disease death rates include rates of death due to ischemic heart disease (112.2 per 100,000 in Nebraska and 135.2 per 100,000 in the United States) and rates of death due to stroke (39.7 per 100,000 in Nebraska and 42.5 per 100,000 in the United States).

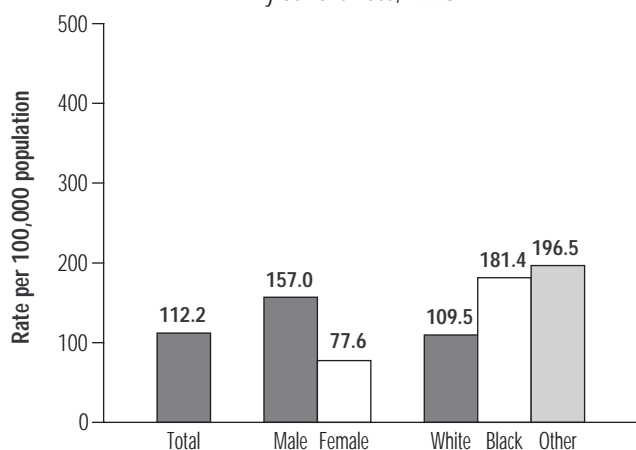
Nebraska: Cardiovascular Diseases

- Total cardiovascular diseases are the most common cause of death in Nebraska, accounting for 40% of all deaths.
- Ischemic heart disease accounted for 46% of all cardiovascular disease deaths in Nebraska in 1995; 2,965 people in Nebraska died of ischemic heart disease.
- In 1995, 1,165 people in Nebraska died of stroke.

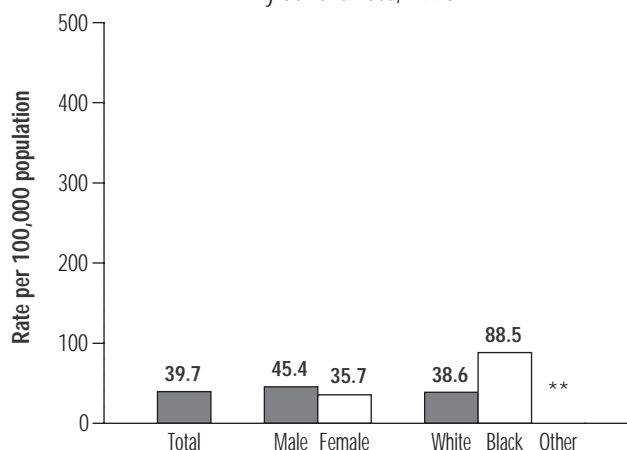
Nebraska: Total Cardiovascular Disease Death Rates
By Sex and Race, 1995



Nebraska: Ischemic Heart Disease Death Rates
By Sex and Race, 1995



Nebraska: Stroke Death Rates
By Sex and Race, 1995



**Too few numbers to analyze.

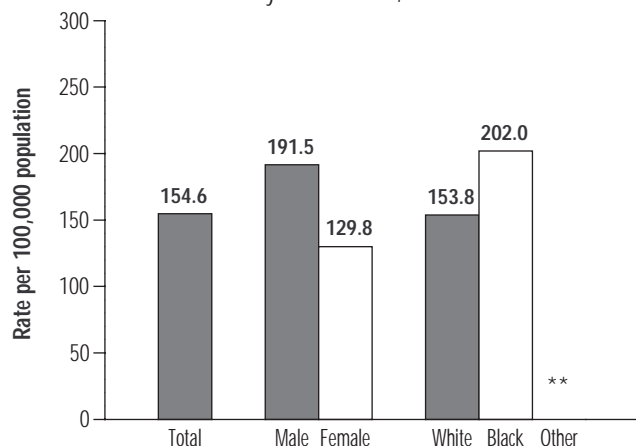
Note: All data are age adjusted, 1970 total U.S. population.

Nebraska: Cancer

- Cancer accounted for 25% of all deaths in Nebraska in 1995; 3,375 people in Nebraska died of cancer.
- In Nebraska in 1995, 852 people died of lung cancer, 442 people died of colorectal cancer, and 271 women died of breast cancer.

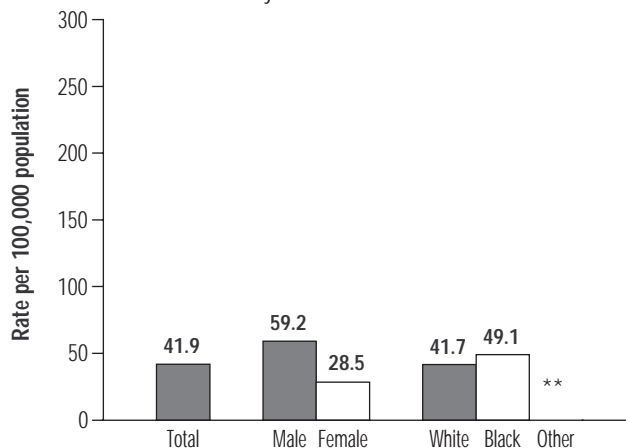
- The American Cancer Society estimates that 990 new cases of lung cancer, 910 new cases of colorectal cancer, and 1,100 new cases of breast cancer will be diagnosed in Nebraska in 1997.

Nebraska: All Cancer Death Rates
By Sex and Race, 1995



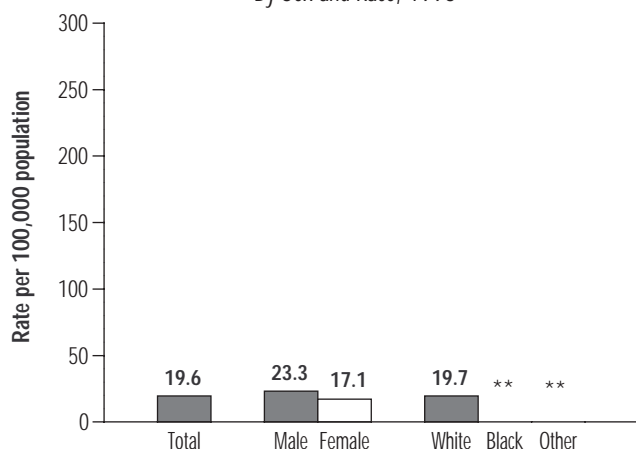
**Too few numbers to analyze.

Nebraska: Lung Cancer Death Rates
By Sex and Race, 1995



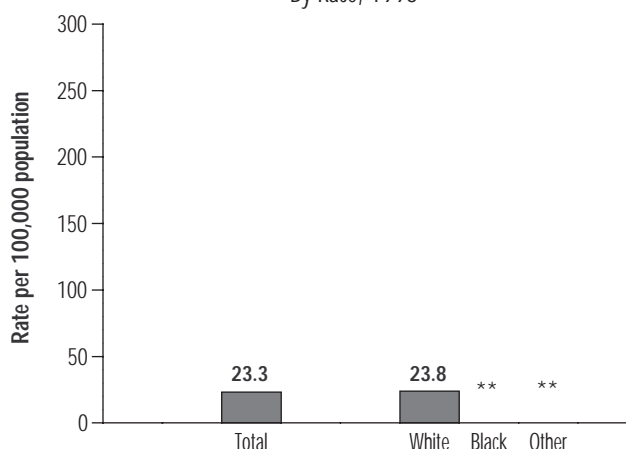
**Too few numbers to analyze.

Nebraska: Colorectal Cancer Death Rates
By Sex and Race, 1995



**Too few numbers to analyze.

Nebraska: Breast Cancer Death Rates Among Women
By Race, 1995

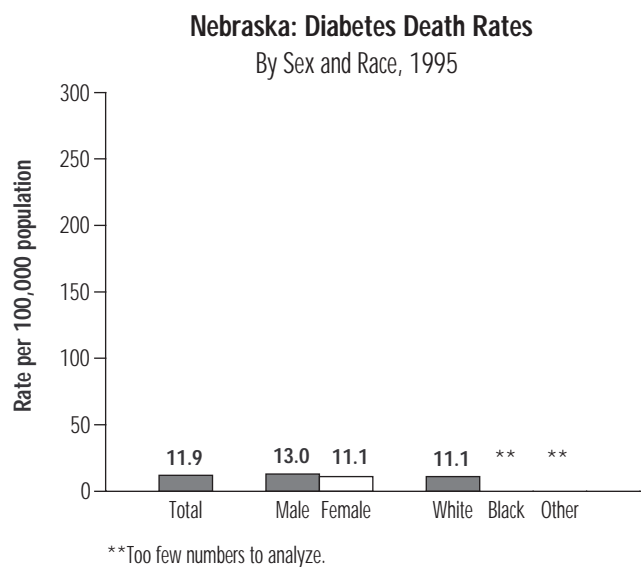


**Too few numbers to analyze.

Note: All data are age adjusted, 1970 total U.S. population.

Nebraska: Diabetes

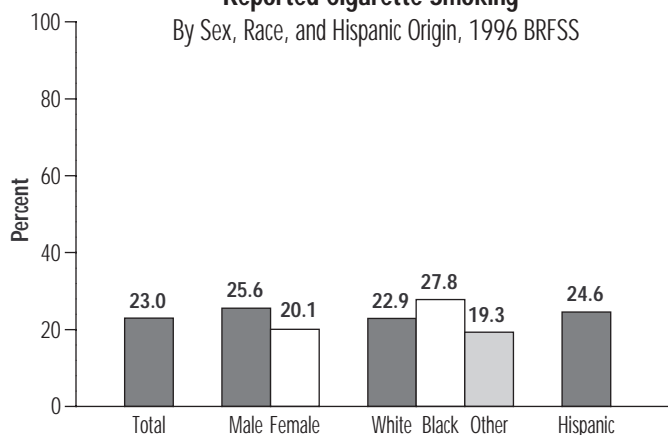
- In 1994, 57,454 adults in Nebraska had diagnosed diabetes.
- Diabetes was the underlying cause of 286 deaths in Nebraska in 1995.
- In 1993, diabetes was the most common contributing cause of 100 new cases of end-stage kidney disease in Nebraska.
- Diabetes is believed to be underreported on death certificates, both as a condition and as a cause of death.



Note: All data are age adjusted, 1970 total U.S. population.

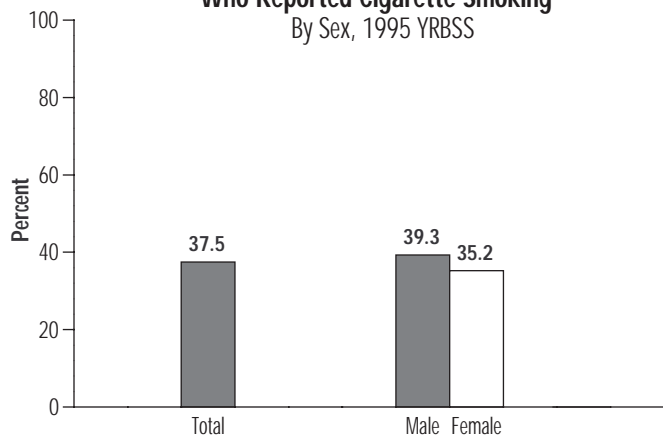
Nebraska: Risk Factors

Nebraska: Percentage of Adults Who Reported Cigarette Smoking*
By Sex, Race, and Hispanic Origin, 1996 BRFSS



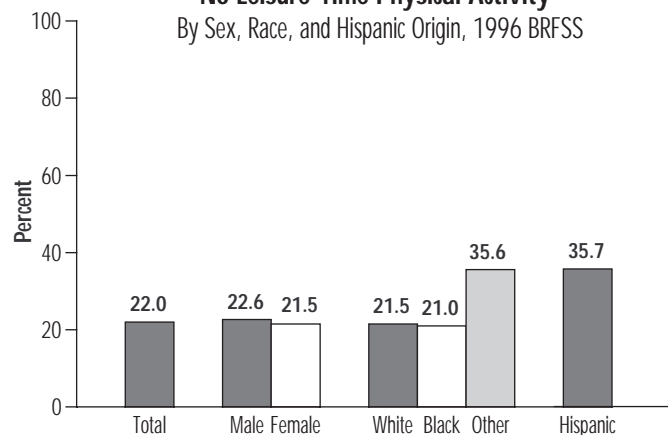
*Ever smoked at least 100 cigarettes and now smoke every day or some days.

Nebraska: Percentage of High School Students Who Reported Cigarette Smoking*
By Sex, 1995 YRBSS



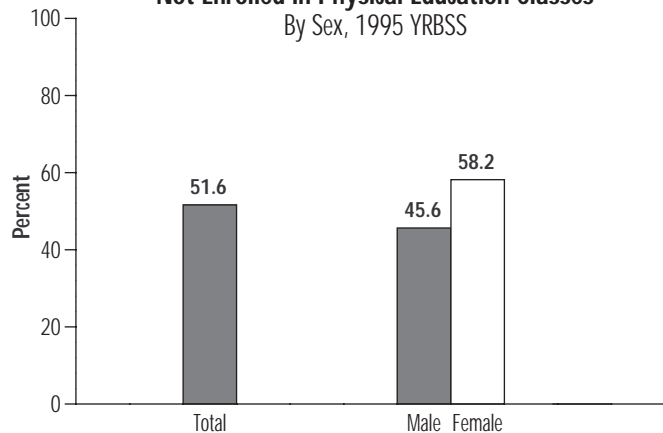
*Smoked cigarettes on 1 or more of the 30 days preceding the survey.

Nebraska: Percentage of Adults Who Reported No Leisure-Time Physical Activity*
By Sex, Race, and Hispanic Origin, 1996 BRFSS

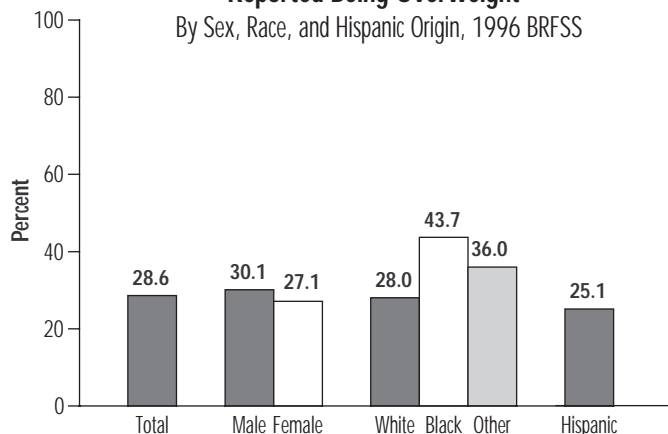


*No exercise, recreation, or physical activity (other than regular job duties) during the previous month.

Nebraska: Percentage of High School Students Not Enrolled in Physical Education Classes
By Sex, 1995 YRBSS



Nebraska: Percentage of Adults Who Reported Being Overweight*
By Sex, Race, and Hispanic Origin, 1996 BRFSS

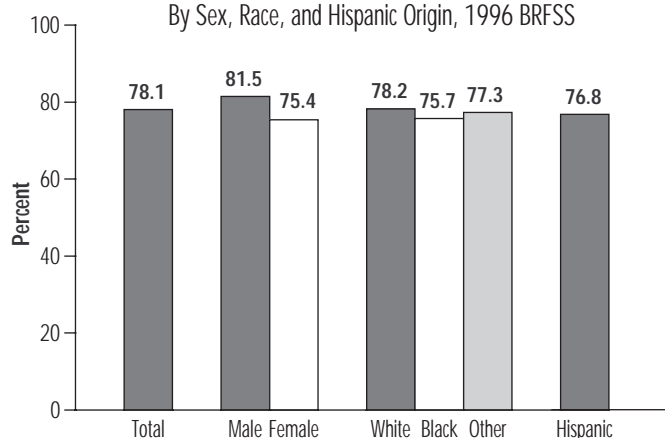


*Body mass index ≥ 27.8 kg/m² for men and ≥ 27.3 kg/m² for women.

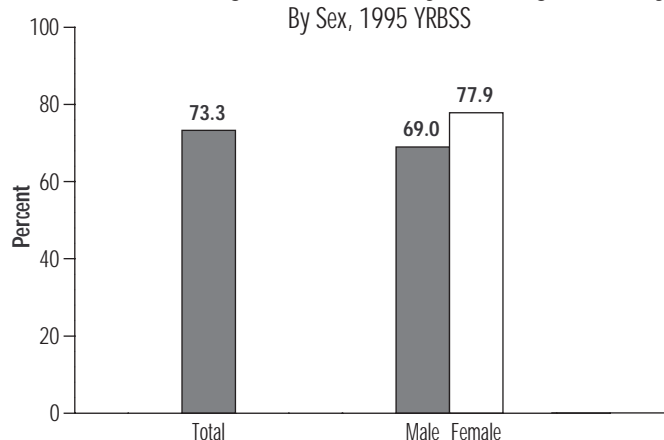
Note: All BRFSS data are provisional and age adjusted, 1970 total U.S. population. YRBSS data are unweighted and thus apply only to the students participating in the survey.

Nebraska: Risk Factors

Nebraska: Percentage of Adults Who Reported Eating Fewer Than Five Servings of Fruits and Vegetables per Day
By Sex, Race, and Hispanic Origin, 1996 BRFSS

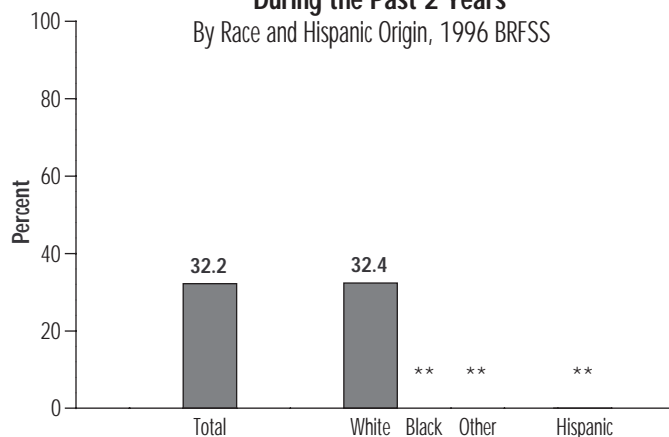


Nebraska: Percentage of High School Students Who Reported Eating Fewer Than Five Servings of Fruits and Vegetables on the Day Preceding the Survey
By Sex, 1995 YRBSS



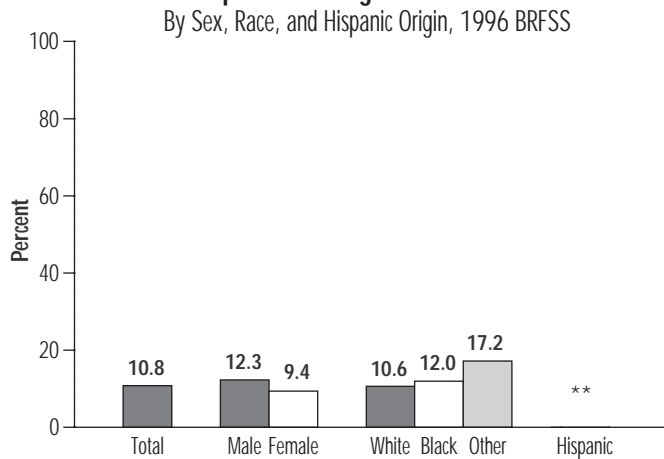
Nebraska: Preventive Services

Nebraska: Percentage of Women Aged 50 Years and Older Who Reported Not Having Had a Mammogram During the Past 2 Years
By Race and Hispanic Origin, 1996 BRFSS



**Too few numbers to analyze.

Nebraska: Percentage of Adults Aged 18–64 Years Who Reported Having No Health Insurance
By Sex, Race, and Hispanic Origin, 1996 BRFSS



**Too few numbers to analyze.

Note: All BRFSS data are provisional and age adjusted, 1970 total U.S. population. YRBSS data are unweighted and thus apply only to students participating in the survey.